

Girl in The Mirror

COPPER KNOB
BY C. FLOWERS

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Jen Cameron & Cody Flowers (March 2017)

Music: Girl in the Mirror by Sophia Grace feat. Silento (Approx. 3:38 mins)



Count In: Dance Begins after 32 Counts (Approx. 15 seconds into song)

[1-8] Side-Together-Forward, ¼ Hitch, Side-Together-Back, Touch

1 2 Step RF to right, Step LF beside RF - 12:00
3 4 Step RF forward, ¼ Turn right hitching left knee - 3:00
5 6 Step LF to left, Step RF beside LF - 3:00
7 8 Step LF back, Touch RF beside LF - 3:00

[9-16] Side-Together-Forward, ¼ Hitch, Side-Together-Back, Touch

1 2 Step RF to right, Step LF beside RF - 3:00
3 4 Step RF forward, ¼ Turn right hitching left knee - 6:00
5 6 Step LF to left, Step RF beside LF - 6:00
7 8 Step LF back, Touch RF beside LF - 6:00

[17-24] ¼, Touch (x3), Side-Behind-Side-Heel, Hold

1 2 ¼ Turn right stepping RF to right side, Touch LF beside RF - 9:00
3 4 Touch LF to left side, Touch LF beside RF - 9:00
5 6 & Step LF to left side, Step RF behind LF, Step LF slightly to left side - 9:00
7 8 Kick your right heel to right diagonal, Hold - 9:00

[25-32] Rock-Recover, ¼-¼, Cross-Back, Out-Out, Flick

1 2 Rock RF behind LF, Recover weight on LF - 9:00
3 4 ¼ Turn left stepping RF back, ¼ Turn left stepping LF to left side - 3:00
5 6 Cross RF over LF, Step back on LF - 3:00
&7 8 Step RF to right side, Step LF to left side (shoulder width apart), flick RF behind LF - 3:00

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